Conditions We Treat

- Ankle and foot pain
- Sprains/strains
- Chronic tendonitis
- Chronic bursitis
- Knee pain
- Back pain
- Neck pain
- Spinal stenosis
- Spinal arthritis
- Herniated discs
- Osteoarthritis
- Degenerative disc disease
- Degenerative joint disease
- Shoulder pain
- Elbow and hand pain
- Coccyx pain
- Hip pain
- Nerve injuries
- Pregnancy related pain
- Painful conditions of the spine & extremities
- Headaches

Please call for a full listing of the conditions we treat and services we provide.

Tel: 609.608.9500

Princeton Regenerative Medicine Center
a division of Princeton Spine and Joint Center

601 Ewing Street, Suite A-2 Princeton, NJ 08540
256 Bunn Drive, Suite B Princeton, NJ 08540

Tel: 609.608.9500  Fax: 609.608.9501
Info@princetonrnc.com | www.princetonrnc.com

Specializing in technologically advanced, cutting edge regenerative therapies for spine, joint, muscle and nerve pain.

WWW.PRINCETONRMC.COM
Our Practice

Princeton Regenerative Medicine Center employs state-of-the-art technology to offer the latest evidence based, cutting edge regenerative therapies delivered by fellowship trained, board certified physicians as part of a holistic treatment regime that aims to heal and rejuvenate patients by restoring the structure and function of damaged tissues. Regenerative medicine is an exciting evolving sub-specialty that involves multiple specific treatments such as platelet-rich plasma (PRP) image guided injections. The co-directors of our center are at the forefront of the field, participating in research, reviewing articles, and co-editing (along with Dr. Joseph Herrera, Chairperson of PM&R at Mount Sinai Hospital, NY), the medical textbook, "Regenerative Medicine for Spine and Joint Pain."

Treatment and diagnostic options we provide include and are not limited to:

**In depth physical examination and evaluation**

- Specialized, directed diagnostic imaging
- Advanced electrodagnostic testing (EMG/NCS)
- Careful review and explanation of regenerative options
- Ultrasound guided injection delivery
- Fluoroscopic guided injection delivery
- Advanced Platelet-Rich Plasma (PRP) injections with customizable concentrations
- AmnioFtx
- Prolotherapy
- Integrated and holistic approach

At Princeton Regenerative Medicine Center, our doctors collaborate with their peers across the country as they help lead the way forward in this exciting and evolving field. When one of the largest medical publishers in the world, Springer, needed a textbook on regenerative medicine for spine and joint pain, they turned to the co-directors of our center. While it is necessary that our doctors remain at the forefront of research and expertise in the field, what we are most proud of, and what truly sets our center apart, is the utilization of that expertise in the service of our patients. At our core, we remain unreservedly committed to treating each and every patient who walks through our door with compassion, respect, and dignity as well as optimal individualized care.

Our Doctors

Zachary Perlman, DO is a board certified, fellowship trained physician specializing in the non-operative care of sports related injuries and musculoskeletal medicine with a particular emphasis in regenerative medicine. He currently serves as the Co-Director of Regenerative Medicine at Princeton Spine and Joint Center. Dr. Perlman earned his undergraduate degree in Molecular Biology and Biochemistry at Rutgers University and completed medical school in South Florida at Nova Southeastern University. He then completed his residency at UMDNJ-Robert Wood Johnson University Hospital. Dr. Perlman completed a sports medicine fellowship in San Antonio, Texas, where he worked with multiple professional sports teams, including the San Antonio Spurs, as well as multiple university and high school teams.

Scott Curtis, DO is a board certified, fellowship trained physician who specializes in the care of sports related injuries and general musculoskeletal care. Dr. Curtis is the Director of Sports Medicine at Princeton Spine and Joint Center. After attending Penn State University, Dr. Curtis received his medical degree from Lake Erie College of Osteopathic Medicine and then completed his residency at Morristown Medical Center in Morristown, NJ where he was honored to serve as Chief Resident. Dr. Curtis completed the renowned Sports Medicine Fellowship at Atlantic Sports Health where he worked with the New York Jets, Seton Hall University Athletics, College of St. Elizabeth Athletics and various high school teams. From weekend warriors to professional athletes, high school athletes to 90+ year old tennis players, Dr. Curtis has a singular focus to treat each patient as an individual, identify their concerns as well as their specific goals and help them reach their aspirations using the most effective non-surgical care options.

Jason Kirkbride, MD is a board certified, fellowship trained sports medicine physician specializing in general musculoskeletal and sports related injuries. Dr. Kirkbride currently serves as the Co-Director of Regenerative Medicine at Princeton Spine and Joint Center. After attending Virginia Tech, Dr. Kirkbride received a Masters degree from Georgetown University. He attended Eastern Virginia Medical School, and then completed a residency in Physical Medicine and Rehabilitation at the University of Virginia, where he served with distinction as chief resident. Dr. Kirkbride also completed additional fellowship specialty training in Primary Care Sports Medicine at the University of Virginia, which afforded him the opportunity to work with the Virginia Cavalier student-athletes, and local high schools.

To make an appointment call: 609.608.9500
WWW.PRINCETONRM.COM